EAT SMART WITH THE LUNCH BUNCH

WEEK BEGINNING: 17TH FEBRUARY, 17TH MARCH, 14TH APRIL, 12TH MAY, 9TH JUNE, IST SEPTEMBER, 29TH SEPTEMBER.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Mains	Mains	Mains	Mains
Homemade Beef Bolognese - Or - Homebaked Margherita Pizza & Coleslaw	Baked Breaded Whiting & Tartare Mayo - Or - Creamy Mac 'n' Cheese &	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or -	Cook's Roast Gammon with Stuffing & Gravy - Or - Penne Pasta with Tomato & Basil Sauce	Oven Baked Chicken Goujons with choice of Dip - Or - Baked Potato with Cheesy Beans & Salad
Side Dishes	Garlic Bread Side Dishes	Quorn Fillet with Creamy Pepper Sauce	Side Dishes	Side Dishes
Green Beans & Diced Carrots Penne Pasta or Baby Potatoes with Herbs	Garden Peas & Sweetcorn Chipped Potatoes or Baked Jacket Potato Dessert	Side Dishes Broccoli & Roasted Butternut Squash Steamed Fluffy Rice or Oven-Baked Herb Wedges	Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes	Baked Beans & Coleslaw Chipped Potatoes or Baked Jacket Potato Dessert
Dessert Iced Lemon Sponge Finger	Forest Fruits Flavoured Jelly with Mandarin Oranges	Cheesecake with Strawberry Sauce	Dessert Belgian Waffle with Fruit Salad & Chocolate Sauce	Artic Roll with Summer Berry Sauce

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY



WEEK BEGINNING: 24TH FEBRUARY, 24TH MARCH, 2ITH APRIL, 19TH MAY, 16TH JUNE, 8TH SEPTEMBER



MONDAY

TUESDAY

Mains

Golden Crumbed Fish Fingers & Mayo Dip - Or -Roasted Garlic & Pesto Chicken Pasta

Side Dishes

Garden Peas & Baked Beans Mashed Potato or Pasta Salad

Dessert

Homebaked Chocolate & Raspberry Brownie

Mains

Homemade Beef Lasagne with Garlic Bread Slice - Or -Homebaked Margherita Pizza with Salad in Season

Side Dishes

Baton Carrots & Broccoli Chipped Potato & Baby Potato Salad

Dessert

Assorted Yoghurt Pots & Fresh Fruit Salad WEDNESDAY

Mains

Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or -Oven Baked Pork Sausages with Gravy or Ketchup

Side Dishes

Sweetcorn & Spaghetti Hoops Steamed Fluffy Rice or Mashed Potato

Dessert

Caramel Apple Crumble & Custard

THURSDAY

Mains

Cook's Roast Turkey with Stuffing & Gravy - Or -Salmon Fishcake with Mayo

Side Dishes

Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes

Dessert

Ice Cream with Two Fruits

FRIDAY

Mains

Cheeseburger with Burger Sauce in Bap - Or -Tex-Mex Chicken Fajita

Side Dishes

Mini Corn on the Cob & Coleslaw Chipped Potatoes or Baked Jacket Potato

Dessert

Homebaked Oaty Biscuit with Fresh Fruit

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EAT SMART WITH THE LUNCH BUNGH

WEEK BEGINNING: 3 MARCH, 3I MARCH, 28 APRIL, 26 MAY, 23 JUNE, 15 SEPTEMBER



Mains	Mains	Mains	Mains	Mains
Oven Baked Cod Goujons with Mayo Dip - Or - Veggie Dog with Crispy On- ions & Ketchup	Homemade Spaghetti Bolognese - Or - Chicken Tikka Mayo Wrap with Salad & Coleslaw	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Homebaked Margherita or	Cook's Roast Pork with Stuff- ing & Gravy - Or - Homemade Savoury Mince with Crusty Bread	Oven Baked Chicken Nuggets with Choice of Dip - Or - Ham & Mushroom Carbonara & Garlic Bread
Side Dishes	Side Dishes	BBQ Chicken Pizza	Side Dishes	Slice Side Dishes
Garden Peas & Potato Salad Chipped Potatoes or Baked Jacket Potato	Baton Carrots & Broccoli Spaghetti & Parsley Baby Potatoes Dessert	Mini Corn on the Cob & Butternut Squash Steamed Rice or Oven Roasted Cubed Potatoes	Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes	Sweetcorn & Baked Beans- Chipped Potatoes or Baked Jacket Potato
Ice-Cream Slider & Orange Wedges	Homemade Jam & Coconut Sponge & Custard	Summer Fruit Salad &	Dessert Strawberry Jelly & Sliced	Dessert Homemade Shortbread & Watermelon Wedge

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EAT SMART WITH THE LUNCH BUNCH

WEEK BEGINNING: 10 MARCH, 7 APRIL, 5 MAY, 2 JUNE, 30 JUNE, 25 AUGUST, 22 SEPTEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Mains	Mains	Mains	Mains
Baked Cod Bites with Mayo Dip - Or - Sweet Chilli Chicken Panini & Salad in Season	Homebaked Margherita or Tex-Mex Spicy Beef Pizza - Or - Penne Pasta with Roasted Mediterranean Vegetables	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - BBQ Pulled Pork with Cheese in Brioche Bun	Cook's Roast Beef & Yorkshire Pudding with Stuffing & Gravy - Or - Quorn Dippers with Choice of Dip	Hot Dog with Ketchup - Or - BBQ Chicken Wrap with Salad in Season Side Dishes
Side Dishes	Side Dishes	Side Dishes	Side Dishes	Mini Corn on the Cob &
Mushy Peas & Coleslaw Chipped Potatoes or Baked Jacket Potato Dessert	Baton Carrots & Broccoli Oven Baked Paprika Wedges & Baby Potato Salad Dessert	Sweetcorn & Roasted Butternut Squash Steamed Fluffy Rice & Pasta Salad	Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes	Baked Beans Skinny "French Fries" or Baked Jacket Potato Dessert
Chocolate Krispie Square & Orange Wedges	Cola Jelly & Chopped Fruit	Dessert	Dessert	Chocolate Cookie & Milk- shake
		Angel Cake & Custard	Ice-Cream, with Sliced Pears & Caramel Sauce	

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