

# St. Mary's Primary School Dinner Menu October 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One 28.9.</b>	<b>Steak Burger in a Bap</b> Sweetcorn Chips/ Pasta Gravy  Frozen Mousse Fresh Fruit/ Yoghurt	<b>Homemade Pizza</b> Peas Mashed Potato/ Pasta Gravy  Homemade Cookies Fresh Fruit/ Yoghurt	<b>Homemade Chicken Goujons</b> Carrots Mashed Potato/ Pasta Gravy/ Crusty Bread  Homemade Brownie Fresh Fruit/ Yoghurt	<b>Gammon</b> Broccoli/ Stuffing Roast / Mashed Potatoes Gravy  Homemade Shortbread Fresh Fruit/ Yoghurt	<b>Oven baked Fishfingers</b> Beans Chips/ Pasta Gravy  Freshly made Jelly Fresh Fruit/ Yoghurt
<b>Week Two 5.10.</b>	<b>Homemade Chicken Curry</b> Peas Chips/ Rice Gravy  Homemade Shortbread Fresh Fruit/ Yoghurt	<b>Homemade Pizza</b> Sweetcorn Mashed Potatoes/ Pasta Gravy  Homemade Cookies Fresh Fruit/ Yoghurt	<b>Sausages</b> Broccoli Mashed Potato/ Pasta Gravy/ Crusty Bread  Frozen Mousse Fresh Fruit/ Yoghurt	<b>Chicken</b> Carrots/ Stuffing Roast/ Mashed Potatoes Gravy  Homemade Muffins Fresh Fruit/ Yoghurt	<b>Oven baked Fishfingers/ Homemade Breaded Fish</b> Beans Chips/ Pasta Gravy  Ice-cream Fresh Fruit/ Yoghurt
<b>Week Three 12.10</b>	<b>Oven baked Bacon</b> Beans Chips/ Pasta Gravy/ Crusty  Frozen Mousse Fresh Fruit/ Yoghurt	<b>Oven baked Chicken Nuggets</b> Sweetcorn Mashed Potato/Pasta Gravy/ Crusty Bread  Homemade Brownies Fresh Fruit/ Yoghurt	<b>Homemade Pizza</b> Broccoli Mashed Potato/ Pasta Gravy  Homemade Cookies Fresh Fruit/ Yoghurt	<b>Gammon</b> Carrots/ Stuffing Roast/ Mashed Potatoes Gravy  Homemade Plain Sponge Cake Fresh Fruit/ Yoghurt	<b>Oven baked Fishfingers</b> Peas Chips/ Pasta Gravy  Freshly made Jelly Fresh Fruit/ Yoghurt
<b>Week Four. 19.10.</b>	<b>Homemade Pasta Bolognaise</b> Sweetcorn Chips Gravy/ Crusty  Frozen Mousse Fresh Fruit/ Yoghurt	<b>Freshly made Hot Dog</b> Peas Mashed Potato/ Pasta Gravy  Homemade Shortbread Fresh Fruit/ Yoghurt	<b>Homemade Chicken Goujons</b> Sweetcorn Mashed Potato/ Pasta Gravy/ Crusty Bread  Homemade Brownies Fresh Fruit/ Yoghurt	<b>Chicken</b> Carrots/ Stuffing Roast/ Mashed Potatoes Gravy  Homemade Jam Muffins Fresh Fruit/ Yoghurt	<b>Oven baked Fishfingers/ Homemade Breaded Fish</b> Beans Chips/ Pasta Gravy  Ice-cream Fresh Fruit/ Yoghurt

# school food

*try something new today*

[www.schoolfoodni.com](http://www.schoolfoodni.com)

**Bread, Fresh Fruit,  
Yoghurt, Milk and Water  
are available daily**

*If you require any additional  
information on allergens or Special  
diets please contact the school in the  
first instance*

